



UCPP Covid-19 policy (08/01/2023)

The health of our students/staff is a combined responsibility of the school and families. The preschool director will notify all families if a case of COVID is directly connected to the preschool and report the action taken. Face masks are optional during low or medium transmission in the community. If the transmission rate returns to high, then masking (disposable, K95 masks are recommended) will be required indoors by staff, families, and children, as best possible. Masks are optional in the outdoor classroom. You are required to notify the school immediately if any member of your immediate family/household has COVID-19 or any other reportable communicable disease.

A COVID positive student/staff member may return to school after five full days have passed from the first date of symptom onset or the date of their positive test, if asymptomatic. Symptoms must be resolving, not worsening, before they may return to the facility. If symptoms improve but then return, the date resets to day zero. If student/staff member continues to have a fever, or if other symptoms have not improved after five days of isolation, the student/staff member should wait to end isolation until fever-free for 24 hours without the use of fever-reducing medication and symptoms of illness have improved. Returning to school on Day 6, the student/staff member must wear a mask around others. Students and staff may remove their masks to eat/drink if they are at least 6 feet from others. If they are unable to wear a mask effectively, they must continue to isolate at home until the end of Day 10.

If a student/staff member has been exposed to COVID through a close contact, Virginia Department of Health (VDH) no longer recommends quarantine or pausing attendance, unless symptoms are present. UCPP asks that you monitor for symptoms for ten days and test 3-5 days after exposure. If the child is unvaccinated, wearing a mask is recommended until Day 10. Fairfax County Health Department (FCHD) urges emphasis on screening and exclusion of ill staff and children. Do not come to school with any symptoms of illness.

An outbreak of COVID-19 is defined as three or more epi-linked cases (cases with known exposure or close contact to one another) that occur within 14 days of another case in a single group, such as a classroom or activity. Immediately upon detection the preschool director will contact the Virginia Department of Health and Fairfax County Health Department for further guidance. FCHD will review the submission and determine whether the situation meets outbreak criteria, as well as provide guidance on next steps. If the health department instructs us to close the classroom, employees and students will move to our virtual learning platform.

We encourage anyone who has traveled by airplane to self-monitor for symptoms and self-quarantine for five days, if unvaccinated or not up to date on COVID vaccinations.

Day 0	Day 1-5	Day 6-10	Day 11
Symptoms start or positive test, if asymptomatic.	Isolation at home	May return to school if symptoms are resolving and no fever. MUST wear a well fitted mask around others. If unable or unwilling to mask, must remain home until the end of Day 10.	May return to school following standard policies, if asymptomatic.



Isolation and Quarantine Guidance

<p>If you test positive for COVID and/or have symptoms of COVID (<u>everyone</u> regardless of vaccination status)</p>	<p>Day 0-5</p> <ul style="list-style-type: none">Stay home and away from others. Isolate from others in your household who are not sick. <p>Day 6-10</p> <ul style="list-style-type: none">You may return to school if you have no symptoms or resolving symptoms AND you can wear a mask through Day 10.If you are unwilling or unable to wear a mask, you may return to school with a negative test after Day 6.
<p>If you are a close contact to someone with COVID and you:</p> <ul style="list-style-type: none">Are 6 months or older and have received all recommended vaccine doses, including boosters if eligible ORHave completed the primary series of Pfizer or Moderna within the last 5 months ORHave completed the primary series of J&J vaccine within the last 2 months ORHave tested positive for COVID within the last 6 months confirmed by a positive test	<p>Day 1-10</p> <ul style="list-style-type: none">You do not need to quarantine.You may return to school.If you develop symptoms, get tested and stay home. If you test positive for COVID during this 10-day period, follow guidance above.
<p>If you were exposed to someone with COVID but</p> <ul style="list-style-type: none">Have not received a COVID booster ORAre unvaccinated or partially vaccinated	<p>Day 1-10</p> <ul style="list-style-type: none">You do not need to quarantine.You may return to school.If you develop symptoms, get tested and stay home. If you test positive for COVID during this 10-day period, follow guidance above.Consider wearing a mask indoors.Get tested as soon as possible and then again between Day 3-5.